

SOUND BODY™ BY HARDROCK

rock  spa®
& S A L O N

Rock Spa® at Hard Rock Hotel

Bali

Biloxi

Cancun

Davos

Daytona Beach

Hollywood, Fl

Ibiza

Panama Megapolis

Pattaya

Penang

Punta Cana

Riviera Maya

San Diego

Tampa

Tenerife

Vallarta



HARDROCKHOTELS.COM



Recharge at Rock Spa & Salon.

retune yourself.

The full-service Rock Spa will pamper, soothe and revitalize your soul. It's a relaxing and indulgent atmosphere comprised of five luxurious treatment rooms for massage, body treatments, facials and waxing. There is a separate salon area offering nail, makeup and hair services. Guests have access to two relaxation lounges with women's and men's locker rooms that include steam shower and rainfall shower. A spacious couple's suite with side by side massage tables and private shower. Request this room for any couples treatment. We also have options for you to receive services in other areas of the property.

Lockers, spa robes, and slippers will be provided.



Rock Spa Exclusive.

rhythm & motion.

SYNCHRONICITY MASSAGE

Lose track with the musical massage that takes you away from the world for a while. Our masterfully blended sound track takes you on an experiential journey, in sync with a performance of techniques, pressure and rhythm. The treatment is infused with your choice of natural organic essential oils to reduce stress, ease muscle tension and detoxify. You've never felt music like this.
50 min \$135 or 80 min \$205

FACE THE MUSIC

Every Rock Star needs some rehab once in a while. This treatment brings the therapeutic benefits of sound vibration and clinically proven organic products to rejuvenate and hydrate facial skin. This journey leaves skin smoothed and refreshed, shedding years and restoring a star-worthy glow.
50 min \$135 or 80 min \$165

SMOOTH OPERATOR

Retune your skin and rock your soul with our two-part treatment that removes impurities and invites new nourishing elements in. Starting with rhythmical dry brushing, a ritual that softly sloughs rough skin away. Closing with a soothing detoxifying wrap to release toxins, hydrate and smooth the skin. Wrapping it up on a high note.
50 min \$120

WRAP REMIX

The ultimate healing experience that warms you up and wraps you in bliss with a sweet finish. For the full body benefit, this treatment begins with a cleansing shot of ginger tea to jumpstart your detox process, followed by a brisk, rhythmical dry brushing. Following our detoxifying wrap to nourish your skin, the 50 minute Synchronicity massage and cleansing facial mask complete the treatment. A refreshing shot of Rock Spa Detox tea is then served, to keep you in a state of ahhh even longer.
110 min \$255



massage

CLASSIC POP

It's a classic for a reason. Long strokes with light to medium pressure soothe sore muscles and stimulate circulation, helping to revitalize and invigorate your body and spirit.

50 min \$115 or 80 min \$150

HEAVY METAL DEEP TISSUE

A powerful and firm body massage using hands, elbows, and forearms. Helps restore peak performance for stressed muscles, increases blood flow, and circulation to release muscle tension and alleviate fatigue.

50 min \$130 or 80 min \$165

IN SYNC

When you want relief for your aching muscles, those pesky knots that won't seem to go away, or limited mobility, this therapeutic massage is for you. Your massage therapist will work with you to provide a customizable massage experience.

50 min \$130 or 80 min \$165

ROCK ON

Smooth river stones provide deep heat to strategic areas on the spine, back, hands and feet. A totally relaxing experience, this calming process restores the equilibrium and inner peace.

50 min \$130 or 80 min \$180



massage

TANGO

Four hands harmonize your custom massage, doubling the therapeutic effect. We recommend this at least once in your lifetime to bring you the ultimate massage experience!

50 min \$190 or 80 min \$280

ROCK A BYE BABY*

Designed for expectant mothers past the first trimester, this full-body massage reduces excess water retention, promotes circulation and is sure to deliver a relaxing and pampering experience.

50 min \$120

*Doctor's note clearing expectant mother must be provided for massage

Eastern Treatment

REIKI

Developed in Japan, Reiki uses the universal life force energy and is transferred through the practitioner's hands which hover over or lightly touch the body, to reduce stress, promote relaxation, healing and reduce pain. Loose fitting clothing is recommended.

50 min \$125

Massage Enhancements

AROMATHERAPY \$10

SCALP TREATMENT \$10

HAND TREATMENT \$10

FOOT TREATMENT \$10

CABANA MASSAGE

Enjoy a massage in one of our poolside cabanas. A 48-hour notice is required and is based on availability and weather permitting. Bathing suit must be worn during the massage.

\$35 travel and set up fee added to charge for massage.

body

FIRMING AMPED UP SALT SCRUB

Feel totally buffed, revved up, and ready to rock after this invigorating exfoliation. An invigorating sugar scrub helps remove dead skin, leaving your body ready for our Body Firming Serum. An application of body butter finishes your experience, leaving you feeling like new.

50 min \$130

GET DIRTY

It's ok to get a little dirty. Erase the impurities of daily life with a dry brush exfoliation and experience the ultimate detox with this soothing clay wrap. This comforting wrap will cocoon, relax and conclude with a moisturizing lotion application.

50 min \$135

WRAPTURE

Immerse yourself in lavish luxury with this nurturing spa ritual that will lead to inner harmony. Aromatherapy oil and a gentle exfoliation is followed by a luxurious seaweed wrap to detoxify the skin and finishes with an application of hydrating moisturizer. You will emerge relaxed, nourished, and calm.

80 min \$165

SUNSHINE STATE OF MIND

When your skin's too hot to handle, we help you feel cool as a cucumber with this after sun treatment. We incorporate cool stones, healing aloe, chilled chamomile towels, and deep hydration to help you beat the heat.

50 min \$110



mini's

MINI MASSAGE

It may be short on time but won't be short in meeting your needs. This is designed to target one area of the body that needs that extra attention.
25 min \$65

EXPRESS YOURSELF FACIAL

Personalized mini-revival facial includes a cleansing, exfoliation, mask and moisturizer. It's a perfect treat for those on the go.
25 min \$65

REFLEX YOUR FEET

Balance your body by focusing on your feet to stimulate the body's energy points.
25 min \$65

DETOXIFYING BODY SCRUB

Refresh, smooth and refine the skin. After this gentle, full body exfoliation, your skin will feel silky, smooth and smell delicious.
25 min \$65

COCONUT ARGAN OIL SCALP TREATMENT

Nourishing oil coats and protects your hair. Pressure points on the scalp relieve tension throughout the body. Scalp massage completes the experience.
25 min \$65



face

DRENCHED

Specifically designed around your personal skincare needs, this facial includes a gentle exfoliation to remove dull surface skin cells, a stimulating facial massage and rejuvenating mask.

50 min \$125 or 80 min \$170

IRON MAN

The ultimate grooming facial designed specifically for the skincare regimen of men, therapists customize the treatment for the needs of the individual. Perfect before and after travel, the intensive renewal process is wonderful for skin showing signs of aging or fatigue.

50 min \$120 or 80 min \$155

FOREVER YOUNG

Reverse the clock with our Forever Young Facial. Unmatched in its maximum concentration of active ingredients, this luxurious facial repairs cell damage and restores skin to a healthy, youthful state.

50 min \$195



face

HYDRATING VITAMIN C

Turn back the hands of time with this powerful antioxidant treatment. Vitamin C and Enzymes ensure your skin will have a natural glow. This ultra-luxurious facial reduces the appearance of fine lines and wrinkles, boosts the skin's natural defenses and restores a youthful appearance.
50 or 80 min \$135/\$170

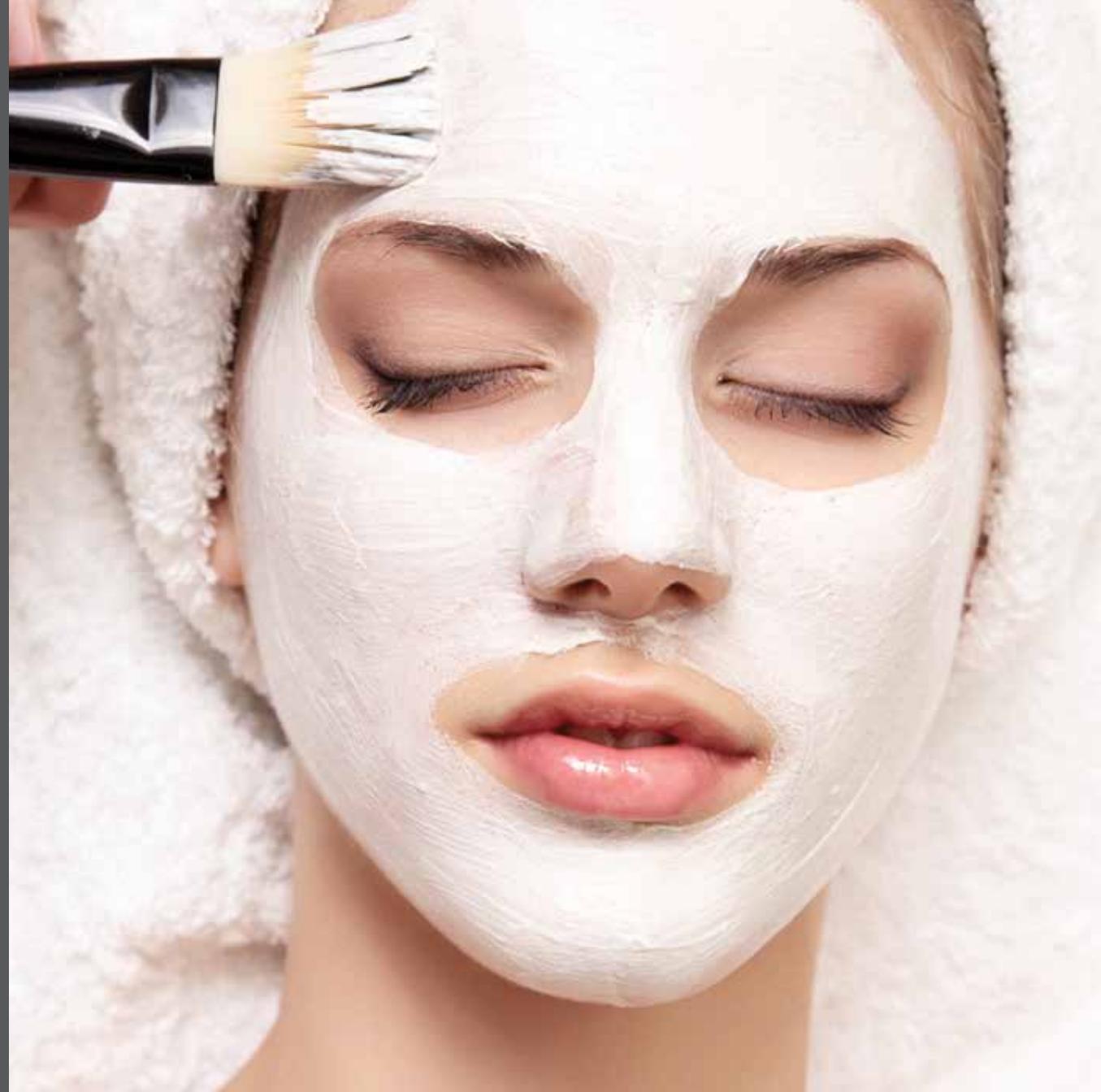
NATURE'S FACIAL

An organic blend of botanical herbs, natural exfoliators and super antioxidants, give your skin the boost it needs. Balances and nourishes your skin to deeply hydrate the skin while quickly reducing redness and other signs of irritation while bringing sensitive skin into a healthy state.
50 min \$115

FULL BODY WAXING available \$15 and up

ADD-ON EYE TREATMENT \$20

ADD-ON NECK & DÉCOLLETAGE \$30



duo experiences

YOUR BODY IS A WONDERLAND

The ultimate in sensual delights for partners in our lavish couple's suite. Detoxifying mud is painted on the body transforming it in to a living canvas. Once the mud has been applied you are cocooned to allow the mud to detoxify. You then enjoy a cascade shower in private. This decadent treatment concludes with a relaxing 50-minute couple's massage. Your ultra-romantic treatment will include your choice of sparkling wine or detox tea.

110 min \$390

ROCK OF LOVE

This customizable package is certain to create the perfect couple's escape from head to toe. Choose one treatment from each of the following:

- Choose any massage
- Choose any facial
- Choose any pedicure

*Customized package. Price based on selections

GIRLFRIEND'S GETAWAY

Gather up the ladies and celebrate your inner and outer diva. Includes a Classic Pop massage and Drenched facial per person.

100 min \$210 per person (2-person minimum).

ROCK STAR EXPERIENCE

Be the ultimate Hard Rock celebrity by reserving the spa for you and your entourage. Choose any four of our mini or express spa treatments for a truly customized experience. Relax in our spa lounge with sparkling wine or Detox Tea.

100 min \$210

For a group of 5 or more we require a 50% deposit.

No additional discounts may be applied to any Duo Experience packages.



salon

Nail Services

PICTURE PERFECT MANICURE

This signature manicure includes nail shaping, cuticle care, hand exfoliation, masque, hydrating hand massage and paraffin hand dip sure to leave your hands ready for the paparazzi. It concludes with polish of choice or nail buffing. Enjoy a glass of sparkling wine while being pampered.
60 min \$60

PICTURE PERFECT PEDICURE

This signature pedicure includes nail shaping, cuticle care, foot exfoliation, masque, hot stone lower leg and foot massage, and paraffin foot dip. Your feet will feel and look picture perfect. It concludes with polish of choice or nail buffing, while enjoying a glass of sparkling wine.
80 min \$90

ROCK SPA NAILS

Nail and cuticle care followed by exfoliation, masque, and hydrating massage. Concludes with polish of choice or nail buffing.
Manicure: 50 min \$50
Pedicure: 50 min \$70

NAIL UPGRADES

Gel Polish \$15
Polish Change \$20
French Polish \$10
Gel Soak off from \$15

EXPRESS NAIL SERVICE

Nail shaping, cuticle care and your choice of one color polish or nail buffing.
Manicure: 25 min \$40
Pedicure: 25 min \$55

ADDITIONAL NAIL SERVICES

Paraffin hands \$18
Paraffin feet \$20



salon

Hair Services

HER HAIR SERVICES

Ladies wash, haircut and style from \$75

Ladies Wash and Blow Dry (excludes hot tools) from \$50

HAIR ADD ON

Hot tools \$10

HIS HAIR SERVICES

Gentlemen's wash, haircut and style from \$35

Gentlemen's Haircut from \$25

HAIR TREATMENT

Conditioning Treatment from \$35

ROCK STAR BEAUTY

Formal Special Occasion hair from \$65

Formal Bridal Hair Trial from \$45*

Formal Bridal Hair from \$65

Make-up Application from \$65

Lash Application \$20 (includes lashes)

*A credit of 50% of the Trial charge will be applied to Bridal Hair the day of the wedding

STAGE READY*

This package is perfect for any special occasion. Includes formal hair style, make up and lash application (includes lashes).from \$130

*No additional discounts may be applied to Stage Ready package.



how to rock spa

SPA ETIQUETTE

We invite you to join us at Rock Spa at least 15 minutes before your scheduled appointment, providing you with sufficient time to change into your robe so we may begin your treatment on time.

A spa robe, slippers, and locker will be provided upon arrival.

If you choose, undergarments may be worn during treatments; however, all therapists are skilled in proper draping procedures to ensure your complete comfort and privacy.

If at any point a therapist feels a client is behaving inappropriately, he or she is authorized to stop the treatment immediately.

We ask that you do not bring cell phones, jewelry, or valuables in Rock Spa.

GRATUITIES

All spa treatments include the use of facility, robe, slippers, and a locker. For your convenience, a suggested 20% service charge will be added to the cost of your treatment. This service charge is dispersed to the spa staff members who served you during your visit. In appreciation for outstanding service, additional gratuities may be given to the staff at your discretion. Services may be charged to your guest room. We also honor cash and all major credit cards.





Monday - Saturday, 9am to 7pm
Sunday, 9am to 4pm

Services Times outside of our standard hours are available upon request.

Spa Reservations can be made 24 hours a day via:
Star Services or at www.hrhdaytonabeach.com

Phone: (386) 947-7366 | Email: RockSpaandSalon@HRHDaytonaBeach.com

RESERVATIONS

For maximum convenience and flexibility, we recommend you schedule your spa sessions in advance. All appointments must be guaranteed with a credit card or room number. Please indicate at time of booking if you have a preference for a male or female therapist and we will do our best to accommodate your request. Children under the age of 16 are not permitted in the spa. Young adults between the ages of 16 and 18 may schedule spa appointments with their parent or guardian present during the treatment.

CANCELLATIONS

Because we reserve spa service time(s) specifically for you, we ask that you give 24 hours advanced notice, should you need to cancel your appointment. Late cancellations or no-shows will be charged at full treatment price.